

Priorities

Universal—[now](#) | [deadline](#)

Today

The way—shared [discovery-realization](#) of the ultimate ▶

Every day ▶

1

1:30 am [dedicate](#).center-review.activities-times.alarms ▶

set *attitude*—[patience > integrity] — [achievement] ▶

Ground ▶

[now](#) reset ♦ [death](#) ♦ [early 2022](#) [finance](#).[place](#) ▶

[discipline](#)—routine-variation; ↓ dissipation, prep days ▶

[health](#) mole, meds ↓, diet, x, shoulder, knee ▶

[relationships](#) ▶

Home—[focus](#).[immersion](#) ▶

2

2:15 Realize—[develop](#)-execute twb | [fluids](#).[music](#) ____ ▶

3 the way > realize.[plan](#) > do > EK.SEP _____ ▶

Realization ▶

[dev](#) [exec](#) — home-travel — [study](#).[write](#).[share](#).[immerse](#)—

[nature](#)—live, [pack lite](#), [chisel](#), [beyul](#)

[civilization](#)—spirit, politics-economics-tech

[universe](#) ♦ [ultimate](#)—[yoga](#)-reason; [sharing](#)

4 6:15 Review-rest strtch.wts.x | [Yoga](#)-meditate-reflect ▶
_____ > [review](#).[set times](#).[sequence](#)-thru sleep

Notes ▶

Deadlines.RESET TRIP (isolate identity).short list

Days of intense TWB ♦ **\$ - Place** ♦ **discipline**

_____ [Ground to do](#) — pm, [set aside days](#) _____ ▶

_____ [Tasks, maintenance](#) _____ [thu](#) ▶

10:00 [Lunch](#) (early) _____

10:45 [Hike-bike-walk](#) 1-2* h phone, camera _____ ▶

12:00 pm prep.rest.shr 2:00 [reflect](#).[realize](#).this.ntwrk ▶

fluids.coffee.lunch.hike.write...

4:30 – 5:00 [Sleep early](#) _____

Travel—[immerse](#) — [review](#), [the day](#), [prep](#) ▶