Universal template for *The Way of Being*Anil Mitra, Copyright © 2015 – 2025

<u>Home</u>

To use the template

- (i) tailor or replace the content according to your needs,
 - (ii) print just the template page

Universal template for action in the dimensions of being

Item	Dates	Dimensions of being and transformation
1.		Being in the world—Dimensions: Pure being, yoga, meditation, immersion, ideas to action; community, education (general, paradigm, ways of life), retreat to the real, renewal, development-reemphasis of paradigm.
2.		Ideas—Dimensions: relation, knowing as relation to the world, reason, art; acting—effective creation of the real. Means—reason, imagination, meditation and yoga, and the real metaphysics.
3.		Becoming—immersive, intrinsic, and instrumental i. <i>Dimension</i> : nature as catalyst to the real. <i>Animal being</i> and devolution—observation, situational empathy, defocus, reason.
		ii. Dimension: society. Civilization as vehicle and path to the real.Transformation via psyche—by immersion in social groups as place of being and catalyst to the real.
		iii. <i>Dimension</i> : <i>artifact</i> . Civilizing the universe (especially technology as enhancing being in the universe)—universe as peak consciousness via spread of sapient being.
		iv. Dimension: universal, incompletely known. The common way from self to Being (Atman to Brahman), via the block universe and extended secular worlds consistent with experience of and in the world.
4.		Being in the universe—Dimension: universal. Realizing Peak Being (Brahman) in the present. Said to be rarely achieved in 'this life' which is a beginning that is continued beyond death. Outcome of items 1 to 3. The means are in the previous dimensions, the everyday templates, and open to discovery.